



## Subject card

|   |  |  |   |                                     |  |            |     |
|---|--|--|---|-------------------------------------|--|------------|-----|
| Subject name and code                       | Basics of psychology, PG_00056481  |  |   |                                     |  |            |     |
| Field of study                              | Transport and Logistics  |  |   |                                     |  |            |     |
| Date of commencement of studies             | October 2022   |  | Academic year of realisation of subject |                                     | 2022/2023  |            |     |
| Education level                             | first-cycle studies  |  | Subject group                           |                                     |  |            |     |
| Mode of study                               | Full-time studies  |  | Mode of delivery                        |                                     | at the university  |            |     |
| Year of study                               | 1  |  | Language of instruction                 |                                     | Polish<br>Polish   |            |     |
| Semester of study                           | 1  |  | ECTS credits                            |                                     | 1.0  |            |     |
| Learning profile                            | general academic profile   |  | Assessment form                         |                                     | assessment   |            |     |
| Conducting unit                             |  |  |   |                                     |  |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor   |  | dr n.med. Dorota Janikowska-Hołoweńko   |                                     |  |            |     |
|   | Teachers   |  | dr n.med. Dorota Janikowska-Hołoweńko   |                                     |  |            |     |
| Lesson types and methods of instruction     | Lesson type  | Lecture  | Tutorial                                | Laboratory                          | Project  | Seminar    | SUM |
|   | Number of study hours  | 15.0   | 0.0                                     | 0.0                                 | 0.0  | 0.0        | 15  |
|   | E-learning hours included: 0.0   |  |   |                                     |  |            |     |
| Learning activity and number of study hours | Learning activity  | Participation in didactic classes included in study plan |   | Participation in consultation hours |  | Self-study | SUM |
|   | Number of study hours  | 15   |   | 2.0                                 |  | 8.0        | 25  |
| Subject objectives                          | To acquaint students with the basic knowledge of psychology  |  |   |                                     |  |            |     |
| Learning outcomes                           | Course outcome   |  | Subject outcome                         |                                     | Method of verification   |            |     |
|   | [K6_W07] has a general knowledge on humanities, social and economical sciences. Knows the rules of creating the forms of personal entrepreneurship and economic activity, has knowledge on the protection of intellectual property rights and industrial property rights and copyrights  |  |   |                                     | [SW2] Assessment of knowledge contained in presentation<br>[SW1] Assessment of factual knowledge |            |     |
|   | [K6_U07] applies knowledge on humanities, social and economical science in solving problems  |  |   |                                     | [SU3] Assessment of ability to use knowledge gained from the subject                             |            |     |
|   | [K6_K02] can work in a team, assuming various roles, can act in a rational and ethical way   |  |   |                                     | [SK1] Assessment of group work skills<br>[SK2] Assessment of progress of work                    |            |     |
| Subject contents                            | History of the development of psychology. Psychological trends and currents over the centuries. Great psychological experiments. Individual personality and temperamental differences. The role of personal and situational factors in the case of one's own and other's behavior. Social perception, i.e. mistakes made in assessing oneself and others. Therapeutic directions of contemporary psychology. |  |   |                                     |  |            |     |
| Prerequisites and co-requisites             |  |  |   |                                     |  |            |     |
| Assessment methods and criteria             | Subject passing criteria   |  | Passing threshold                       |                                     | Percentage of the final grade  |            |     |
|   |  |  | 100.0%                                  |                                     | 50.0%  |            |     |
|   |  |  | 60.0%                                   |                                     | 50.0%  |            |     |

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|--|--------------------------|--|
| Recommended reading  | Basic literature         | <p>§Malim Tony (1998)</p> <p>Wstęp do psychologii (PWN)</p> <p>Strelau J (2003)</p> <p>Psychologia Podręcznik Akademicki Podstawy Psychologii</p> <p>§Cialdini R.B (2009)</p> <p>Wywieranie wpływu na ludzi (GWP)</p> <p>§Aronson E (2002)</p> <p>Człowiek istota społeczna (PWN)</p>                  |
|  | Supplementary literature | <p>§Tomaszewski T. (2005)</p> <p>Główne Idee Współczesnej Psychologii (Wyd. akademickie Żak)</p> <p>§Brock T.C, Greek M.C (2007)</p> <p>Perswazja. Perspektywa społeczna (Wyd. UJ)</p> <p>§Zimbardo P.G, Leippe M.R (2004)</p> <p>Psychologia zmiany postaw i wpływu społecznego (Wyd. Zys i s-ka)</p> |
|  | eResources addresses     | Adresy na platformie eNauczanie:   |
| Example issues/<br>example questions/<br>tasks being completed |                          |  |
| Work placement   | Not applicable           |  |