



## Subject card

Subject name and code	Basics of psychology, PG_00056480						
Field of study	Mechatronics						
Date of commencement of studies	October 2022	Academic year of realisation of subject			2022/2023		
Education level	first-cycle studies	Subject group					
Mode of study	Full-time studies	Mode of delivery			at the university		
Year of study	1	Language of instruction			Polish		
Semester of study	1	ECTS credits			1.0		
Learning profile	general academic profile	Assessment form			assessment		
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr n.med. Dorota Janikowska-Hołoweńko				
	Teachers		dr n.med. Dorota Janikowska-Hołoweńko				
Lesson types and methods of instruction	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	15.0	0.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM		
	Number of study hours	15	1.0	9.0	25		
Subject objectives	Presentation of basic psychological knowledge						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[K6_K02] is aware of social role of the technical university alumni, the importance of professional attitudes, obeying ethic rules with respect to diverse point of views and cultures, understands the need for permanent self-learning		The student has basic psychological knowledge of the development of psychology, psychological trends and currents, knowledge of great experiments in psychology, The student has the knowledge necessary to form attitudes, motives and mechanisms of social behavior.		[SK3] Assessment of ability to organize work [SK5] Assessment of ability to solve problems that arise in practice		
	[K6_K01] is aware of non-technical aspects, individual and collaborative work responsibility and is capable to comply to rules of team cooperation and to take responsibility for collectively performed tasks		Student knows the basic knowledge about experiencing and using social influence. The student knows the basics of the directions therapeutic directions in psychology, He or she has knowledge about individual differences individual differences and possibilities of human development.		[SK3] Assessment of ability to organize work [SK5] Assessment of ability to solve problems that arise in practice		
Subject contents	Characteristics of work, characteristics of an individual performing work, characteristics of the work environment, attitudes towards work, motivation and satisfaction at work, involvement in work, organisation of groups and teams at work, creativity and values at work, prosocial behaviour and conflicts at work, selection of employees, evaluation of performed tasks, work and health, workaholism, unemployment, stress at work, mobbing, professional burnout syndrome, methods of prevention.						
Prerequisites and co-requisites							
Assessment methods and criteria	Subject passing criteria		Passing threshold		Percentage of the final grade		
	test		56.0%		100.0%		

Recommended reading	Basic literature	<p>1.Schultz D.P Psychologie a wyzwania dzisiejszej pracy: PWN 2011.</p> <p>2.Ratajczak Z Psychologia organizacji pracy PWN 2008.</p> <p>3.Jachnis A Psychologia organizacji DIFIN 2008.</p> <p>4.Chmiel N Psychologia pracy i organizacji GWP 2003.</p> <p>5. Kozak S Patologie w środowisku pracy DIFIN 2003</p> <p>6. Hartley M Stres w miejscu pracy JEDNOŚĆ 2005</p>
	Supplementary literature	<p>1. Łukaszewski W, Wielkie pytania psychologii. Wydawnictwo GWP Gdańsk , 2003.</p> <p>2. Strelau J, Psychologia Podręcznik Akademicki GWP, Gdańsk 2007</p> <p>Kernick,D.T.,Neuberg,S.L., Cialdini,R.B.: Psychologia społeczna. Gdańskie Wydawnictwo Psychologiczne, Gdańsk, 2002.</p> <p>3. Aronson,E.: Człowiek istota społeczna. Państwowe Wydawnictwo Naukowe, Warszawa, 2002</p>
	eResources addresses	Adresy na platformie eNauczanie:
Example issues/ example questions/ tasks being completed	<p>History of the development of psychology Psychological trends and currents through the ages Great experiments Individual differences in personality and temperament Role of personal and situational factors in The role of personal and situational factors in one's own and others' behavior Interpretation of the causes of one's own behavior and Interpretation of the causes of one's own behavior and the behavior of others and their relation to positive self-esteem. Social perception or errors made in evaluating oneself and others. Therapeutic orientations of contemporary psychology</p>	
Work placement	Not applicable	