



Subject card

Subject name and code	Biomechanics , PG_00055757						
Field of study	Mechanical and Medical Engineering						
Date of commencement of studies	October 2023	Academic year of realisation of subject			2024/2025		
Education level	first-cycle studies	Subject group			Obligatory subject group in the field of study Subject group related to scientific research in the field of study		
Mode of study	Full-time studies	Mode of delivery			at the university		
Year of study	2	Language of instruction			Polish		
Semester of study	4	ECTS credits			8.0		
Learning profile	general academic profile	Assessment form			exam		
Conducting unit	Institute of Mechanics and Machine Design -> Faculty of Mechanical Engineering and Ship Technology						
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. inż. Wiktoria Wojnicz				
	Teachers						
Lesson types and methods of instruction	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	30.0	30.0	30.0	0.0	0.0	90
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	90		10.0		100.0	200
Subject objectives	The aim of this subject is to acquire knowledge about the human body biomechanics.						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[K6_U05] he/she is able to use analytic and modelling methods to formulate and solve engineering tasks related to the mechanical-medical area		A student can formulate a biomechanical model, define input and output data, specify which engineering tools should be used to solve the given problem		[SU1] Assessment of task fulfilment [SU2] Assessment of ability to analyse information [SU3] Assessment of ability to use knowledge gained from the subject [SU4] Assessment of ability to use methods and tools [SU5] Assessment of ability to present the results of task		
	[K6_W05] he/she has skills in the field mechanics of rigid body, modelling of mechanical system, vibration and fundamental of strength of materials		A student can formulate a biomechanical problem and the method of solving this problem by using fundamentals of mechanics, strength of materials, biomechanics and modelling of mechanical system		[SW1] Assessment of factual knowledge [SW2] Assessment of knowledge contained in presentation [SW3] Assessment of knowledge contained in written work and projects		

Subject contents

Lectures (30h)

Biomechanics and clinical biomechanics. Principles of mechanics used to describe the activity of the human body. Mobility of biokinematic chain.

Reference systems used in biomechanics. Standard anatomical position. Types of human motions. Fundamentals of estimation of position of centre of human body mass (de Levas method).

Statics biomechanical models.

Dynamics biomechanical models.

Biomechanics of muscle. Biomechanics of muscles system.

Principles of electromyography measurement.

Biomechanics of bone. Modelling of adaptation remodelling phenomenon of bone tissue. Methods of modelling of bone functional adaptation. Cantilevers of skeletal system.

Biomechanics of chondral tissue. Biomechanics of joints.

Reflex functioning of nervous system. Principals of movement coordination.

Biomechanics of hip joint. Models of hip joint load. Problems of hip joint biomechanics. Alloplastic reconstruction of hip joint.

Biomechanics of knee joint. Kinematics of knee joint. Fundamental problem of knee joint biomechanics. Alloplastic reconstruction of knee joint.

Biomechanics of glenohumeral joint. Alloplastic reconstruction of glenohumeral joint. Biomechanics of elbow joint. Alloplastic reconstruction of elbow joint.

Biomechanics of hand.

Biomechanics of ankle joint and foot.

Anatomy of spine. Defects of postures and scoliosis. Methods of spine testing. Biomechanics of spine. Systems of spine stabilization.

Osteosynthesis. Stabilizers used to stable osteosynthesis. Mechanical properties of stabilizers used to stable osteosynthesis. Types of stabilizers used to stable osteosynthesis.

Biomechanics of the human chest.

Tutorials (30h)

Assessment of mobility of biokinematics chain

Estimation of position of center of the human body

Statics biomechanical models: assessment of joint load and muscles participation in the given performance

	<p>of the upper limb</p> <p>Statics biomechanical models: : assessment of joint load and muscles participation in the given performance of the lower limb</p> <p>Estimation of moments of inertia of the human body parts</p> <p>Dynamics biomechanical models: assessment of joint load and muscles participation in the given performance of the upper limb</p> <p>Dynamics biomechanical models: : assessment of joint load and muscles participation in the given performance of the lower limb</p> <p>Test 1</p> <p>Test 2</p> <p>Repeat test</p> <p>Labs (30h)</p> <p>Health and safety regulations in biomechanical studies</p> <p>Practical estimation of position of center of the human body</p> <p>Assessment of the muscle activity of the upper limb in the given motor performances</p> <p>Assessment of the muscle activity of the lower limb in the given motor performances</p> <p>Assessment of the muscle activity acting at the temporal-mandibular joint</p> <p>Kinematics analysis of the upper limb in the given motor performances</p> <p>Kinematics analysis of the upper limb in the given motor performances</p> <p>Test</p> <p>Repeat test</p>												
Prerequisites and co-requisites	Knowledge of mathematics, ,mechanics and strength of materials												
Assessment methods and criteria	<table border="1"> <thead> <tr> <th>Subject passing criteria</th> <th>Passing threshold</th> <th>Percentage of the final grade</th> </tr> </thead> <tbody> <tr> <td>labs passing</td> <td>50.0%</td> <td>30.0%</td> </tr> <tr> <td>tutorials passing</td> <td>50.0%</td> <td>30.0%</td> </tr> <tr> <td>lectures passing</td> <td>50.0%</td> <td>40.0%</td> </tr> </tbody> </table>	Subject passing criteria	Passing threshold	Percentage of the final grade	labs passing	50.0%	30.0%	tutorials passing	50.0%	30.0%	lectures passing	50.0%	40.0%
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Recommended reading	Basic literature	<p>A.Chapman - Biomechanical analysis of fundamental human movements - Human Kinetics (2008)</p> <p>VM.Zatsiorsky - Kinetics of human motion - Human Kinetics (2002)</p> <p>A.Tozeren - Human body dynamics - Classical mechanics and human movement - Springer (2000)</p>
	Supplementary literature	<p>Wojnicz W., Wittbrodt E., Modele dyskretne w analizie dynamiki mięśni szkieletowych układu ramię-przedramię (<i>Discrete models in dynamic analysis of skeletal muscles of the arm-forearm system</i>). Wydawnictwo Politechniki Gdańskiej, 2012, p. 1-212, ISBN 978-83-7348-424-5</p> <p>Wojnicz W., Biomechaniczne modele układu mięśniowo-szkieletowego człowieka (<i>Biomechanical models of the human musculoskeletal system</i>). Wydawnictwo Politechniki Gdańskiej, 2018, p. 1-209, ISBN 978-83-7348-727-7</p>
	eResources addresses	Adresy na platformie eNauczenie:
Example issues/ example questions/ tasks being completed	Describe biomechanical analysis of musculoskeletal system of the upper limb and lower limb	
Work placement	Not applicable	